

What is the "E" License?

Written by Lester Pasarell
Sunday, 08 July 2012 11:03 -

The National "E" is an 18-hour course, which covers the elementary principles of coaching and will prepare interested coaches for the 36-hour "D" license course.

What is the "E" License?

- Develop the core coaching competencies necessary to effectively teach the 9-12 year old athlete and team
- Understand the characteristics and needs of an athlete in the Basic Stage of our Long Term Athlete Development Model
- Establish a foundation of knowledge and experience in order to proceed through the sequence of coaching development courses

What are the specific target outcomes of the course?

What is the "E" License?

Written by Lester Pasarell
Sunday, 08 July 2012 11:03 -

- Understand and effectively apply the principles of Long Term Athlete Development
- Demonstrate competency in planning an age-appropriate training session
- Demonstrate the essential competencies to execute a team training session that is focused on a technical function of the game
- Understand concepts and recognize the principles of attacking and defending in a small-sided game environment (3v3 to 9 v 9 adaptable to local competition structure)

"E" License Candidate Guidebook

- **Download** (<http://www.ussoccer.com/Coaches/Licenses/National-E.aspx>)- "E" License Candidate Guidebook.

NO manual will be provided.

You will need to print the E Guidebook or bring your laptop to be able to view the downloaded manual.

Pre-Course Candidate Assignments

Candidates are required to complete three (3) pre-course assignments.

What is the "E" License?

Written by Lester Pasarell
Sunday, 08 July 2012 11:03 -

Candidates must complete a Laws of the Game exam

- **Laws of the Game** (<http://www.usoccer.com/Coaches/Licenses/National-E/Laws-of-the-Game.aspx>)

and a Concussion Awareness course.

- **Risk Management Assignment- Concussion Awareness** (<http://www.cdc.gov/concussion/HeadsUp/Training/HeadsUpConcussion.html>)

In addition, candidates must choose to complete one of three team management assignments. Each assignment will be submitted during the first lecture.

- **Team Management** (<http://www.usoccer.com/Coaches/Licenses/National-E.aspx>)